

WunderTraining

Strategic Team Building

POSITIVE CULTURE FOUNDATIONS | STRENGTHS AND PURPOSE
TEAM AGREEMENTS | APPRECIATION



“

Do not follow where the path may lead. Go instead where there is no path and leave a trail.

wunder
training

www.wundertraining.com.au



WunderTraining is a collective of **extraordinary and dynamic speakers, educators and facilitators** who bring the latest positive and insightful, research- based content to life with passion with the purpose to build human flourishing.

JANE WUNDERSITZ FOUNDER AND MASTER TRAINER

Our Valued Partners:

VIA INSTITUTE ON CHARACTER
 MENTAL TOUGHNESS PARTNERS

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Strategic Team Building at WunderTraining



ENGAGE
EMPOWER
CONNECT

Our Vision:

To creatively empower leaders, teams and individuals to be positively engaged at work, and in life. We challenge perceptions, inspire positivity and build resilience. We focus on personal and collective strength and inspire open communication and collaboration. People are the heart and soul of your business.

2021 AWARD Influential Women in Business: Team Building and Culture Expert

Are you looking for a team building workshop that is positive, fun, builds connection and aligns with strategic objectives?

We make learning addictive – and help the most ambitious leaders bring their people, team and culture to life. We are award-winning in building strong teams and cultivating a positive, cohesive and performance culture. One thing that we know is that ‘calling a team doesn’t make them one’ and ‘telling a team they need to collaborate’ doesn’t translate into collaboration - it is more complex than that. Strategic team building in today’s world is not a ‘nice to do’ – it is essential.

It is what takes a struggling team to the next level, a good team to being a great, and a great team to extraordinary.

We love supporting teams into a positive new chapter, and can share best practice from working with 1000's of teams, across industries. Yet we also know the heart beat of your team is unique - no team is the same and often it starts with a better understanding of the people on your team- their strengths, threat zones, talents and aspirations. Enabling the team to decide the small things that are crucial individually and collectively for team success.

Sometimes it's back to basics and ensuring strong foundation values and team agreements are in place. Our niche is understanding the complexities of teams.

Positive conflict and taking smart risks can elevate a teams performance - but without psychological safety and respect - the same team can be toxic and stressful. Every person plays a part in team culture. We work with teams at every level from student leaders through to bluechip and government executive teams. Some teams are already high performing and making strides to elite level and others are in strife. They may be plagued with clashes, ego, negativity or divides.

Acknowledging where they are at and why is an empowering place to start. We believe all teams are capable of reaching high performance with support, guidance and a safe learning environment to grow. We see the potential, in every team and in every person on the team.

Let's discuss your teams path to positive performance.

BUILDING POSITIVE CULTURE AND PERFORMANCE

Current Relevant Learning

Adelaide
Melbourne
Sydney
Perth
Brisbane
Canberra
Hobart
Darwin
Alice Springs
Regional



We ensure workshops are fun to participate in, learning is active, and participants stay involved throughout the session.

Upfront Engagement, Better Outcomes

Our programs by design are experiential learning that is psychosocial, aiming for changes in personal, team and organisational behaviour.

We include stimulating activities that have a real-world basis. Our activities help participants connect what they are learning to prior knowledge and apply it to new situations or problems.

We know trust comes with connection, and the most resilient organisations are fuelled by positive interpersonal interaction, we strategically craft opportunities to connect.

OUR VALUES:

We are Passionate and Accountable
We are Creative, Curious and Agile
We Build High Trust Relationships
We are Accessible and Inclusive

Know You Are Making The Right Choice

We happily tailor. We offer flexibility in the topics delivered, the length of the workshop and group size. You are actively involved in decision-making.

Alternatively, our 'hero' off the shelf workshops are tried and tested by thousands of participants. You can book these with confidence!
If you want something we don't have - check-in - if it's in need, it's likely in the pipeline.

Our facilitators are exceptional. They are life long learners who immerse themselves in their topics and are passionately interested in what they present. They have practical work and life experience and high impact stories to support why they are the subject matter expert.

Your Training Partner With A Difference

When you have a highly passionate founder and experienced caring people partnering with you to grow your people and business, you know you are getting an incredible service.

Our bonus is our insatiable thirst for building our own knowledge.

We love to study and synthesise our new knowledge into easy to understand and practical strategies, always thinking and connecting to the relevance to today's workplace.

Our research is sourced from leading universities from around the globe but the true depth comes from working with clients across every industry.

TEAM + LEADERSHIP SKILLS

This is Who We Are™



Vision is a mental picture of the future – an idea of what the future can hold but has not yet happened. As a leadership team it guides us and brings a sense of purpose and a glimpse of what is possible. Whilst there has been immense uncertainty worldwide – having a solid vision of where a leadership team is going, is vital to create a sense of stability for those you lead.

This interactive workshop provides the opportunity to reset and polish your vision, clarify priorities in alignment with your principles and objectives and build a best practice agreement of how you wish to work, interact and collaborate, communicate to achieve the best outcomes for clients.

●	HALF DAY - FULL DAY
●	LEADERS, TEAMS, AND CONFERENCE
●	TAILORED OPTIONS
●	VALUES AND VISION ALIGN STRATEGY CONNECT CULTURE BOOST ALIGNED LEADERSHIP

“

Very well delivered and customised to meet needs.

PAUL: NEC DARWIN

Meaningful activities. Delivery very impactful.

VERNAE : SONDER LEADERSHIP

Builds morale and gets people connected.

CAROLYN : AREA MANAGER HUMAN SERVICES

WELLBEING

MASTER THE FOUR CS

Mental Toughness™



The 4Cs: Challenge, Confidence, Commitment and Control. Mental Toughness is a personality trait that determines your ability to perform consistently under pressure and stress.

It is closely related to qualities such as character, resilience, grit and perseverance.

The mental toughness model comprises four pillar components, the 4Cs: Challenge, Confidence, Commitment and Control.

Discover how to build your ability to stay confident and to prevail even when you are up against it.

●	2HRS / HALF DAY
●	LEADERS, TEAMS AND INTERACTIVE CONFERENCE
●	BETTER STRESS MANAGEMENT
●	GREATER WELLBEING
●	INCREASE CONFIDENCE
●	ACCREDITED MENTAL TOUGHNESS TRAINERS

“

Punchy, focused and interactive.

BRETT, NATIONAL TRAINING MANAGER, DORMAKABA

An important and relevant workshop

LYDIA : WOMEN IN STEM

POSITIVE CULTURE AND COLLABORATION

NO. 1
POSITIVE
TEAM
CULTURE

Building on our Strengths™



Under what conditions do teams flourish? The field of applied positive psychology and wellbeing provides scientifically validated guidance to support teams to reach peak performance. We unpack strengths individually and collectively and build on five key domains which underpin

a high performing team. (PERMA) This is an opportunity to build a compelling and accessible vision of positive culture. Participants collectively build a team agreement with defined acceptable and unacceptable behaviours for collective and individual flourishing.

●	HALFDAY/ FULLDAY
●	LEADERS & TEAMS CONFERENCE
●	POSITIVE CULTURE, BUILD COLLABORATION AND TRUST



It tapped into personal motivators.

LUKE, RIO TINTO, PERTH

Such an engaging day. I am still seeing the buzz in the team.

SHANE BACA : HR AUSTRALIA POST

You get a lot more out of it than you think you will.

JOEL : SIEMENSRENEWABLEENERGY

POSITIVE CULTURE AND COLLABORATION

VIA
PREMIER
PROGRAM

Your Strengths at Work©



This ground-breaking training is transformational, highly engaging and designed to empower people and organisations in every aspect of their performance.

Participants learn how to apply a strengths-based report (The VIA Pro) in a work setting, including

the rationale for a strength- based perspective. Highly valuable at a personal and team level and enables participants to re-frame workplace problems and solutions from a strength-based perspective.

A refreshing, empowering and high impact positive culture boost.

●	FULL DAY
●	PARTNER PROGRAMS: VIA INSTITUTE ON CHARACTER
●	TRAIN THE TRAINER OPTION



...an incredibly empowering course. The presenter brings out the best in every individual.

BELINDA, DEPARTMENT OF EDUCATION

Clear in its message... well-planned.

JOY, PEMBROKE SCHOOL



STRATEGIC TEAM BUILDING

DECISION
MAKING
TECHNIQUES

Six Hats : Think BIG™



●	2 HR HALF DAY
●	LEADERS, TEAMS, CONFERENCE
●	DISCOVER YOUR MOST EFFECTIVE THINKING STYLE
●	THOUGHT LEADER EDWARD DE BONO

The best breakthrough initiatives do not have the goal of being innovative; they set out with the goal of solving problems.

Participants discover and practice using The Six Hats and build a well thought out innovation through applying various perspectives.

This interactive workshop teaches the power of parallel thinking in a highly interactive and fun learning setting. Decision making and problem solving are crucial skills.

This leads to a more collaborative, effective and productive process that always has brilliant outcomes.

We bring the hats!



Most definitely exceeded our expectations and has added value to our team already.
NATIONAL RAIL SAFETY REGULATION

Very engaging, atmosphere, definitely worth doing.

MARIA - FERGUSON PLARRE

A fantastic event.

BRIANA : TENNIS AUSTRALIA

POSITIVE CHANGE AND AGILE CULTURE

TEAM +
LEADERSHIP
SKILLS

Thriving Through Change™



●	90 MIN HALF FULL DAY
●	LEADERS TEAMS
●	TAILORED CONFERENCE WORKSHOP

This equips individuals and teams with the skills to navigate workplace change confidently.

Participants will explore change at micro, organisational, and macro levels, reflect on past and upcoming transitions, and learn to apply the four phases of Appreciative Inquiry. The session fosters curiosity and a proactive mindset to support positive, collective adaptation.

This explores how emotions influence our experience of change and offers strategies to build resilience and reframe transitions using applied neuroscience.

It also guides participants in recognising and overcoming bias by balancing optimism and pessimism, while fostering a proactive mindset focused on areas of influence rather than concern.



Jane Wundersitz delivered this in spades! Her energy, insights and well-paced delivery meant no one checked their phones and everyone turned to the key messages!

BRIDGET BRILL EXECUTIVE TEAM AUSTRALIAN GOVERNMENT DEPARTMENT OF HUMAN SERVICES

We all very much enjoyed it - what a great way to kick off the year!

CARLY SWISS RE : LEADERSHIP TEAM CONFERENCE

FACILITATED STRATEGY DAY

STRATEGY DAY

Reflect- Reset - Refocus™



Our work lives are different. Working smarter not harder is in, but how do you get there.

Hybrid Work, Engagement, Psychological safety, Sustainable practices, Keeping top talent, Team dynamics, Leadership development . We work across industries and can facilitate your leadership strategy session and help with insights to help your team make informed choices.

A high energy and insight bursting workshop, with an opportunity to positively connect, reflect, reset and refocus on what matters most.

Our ability to tailor and facilitate high quality interactive training transfers perfectly to facilitating strategy days , and team reset and recharge days.

●	Half Day Full Day 2-Day EXECUTIVE, LEADERS, TEAMS AND CONFERENCE
●	POSITIVE REFLECTION - REALIGNMENT - FOCUS



Very valuable, thought provoking and practical. I am sure that it will continue to spark thoughts and conversations amongst the team.

MARGOT : IVECO

Feeling pumped ready for the year ahead.

OFFICE OF THE COMMISSIONER PUBLIC SECTOR

STRATEGIC TEAM BUILDING

REWARD FOR YOUR EFFORTS

Productivity with PUNCH



A productive mindset is one that makes the best use of your resources, your time, your energy and your effort.

Many people spend their days in a frenzy of activity but achieve very little, because they're not concentrating their effort on the things that matter

the most. Sound familiar? This punchy productivity workshop will teach both new and tried and tested ways to organise your time for a more productive life.

Everyone needs this in their professional development calendar.

●	HALF DAY 90 VIRTUAL
●	LEADERS, TEAMS, CONFERENCE
●	PERSONAL PRODUCTIVITY AND TIME MANAGEMENT



Everything a training session should be: educational, plenty of golden nuggets, fun and engaged a room full of millennials.

JUSTIN - INDEED

Excellent. What a great way to tackle work.

SAFEWORK PARTICIPANT

Everyone thoroughly enjoyed the day.

CAITLIN : CASE WESTERN UNIVERSITY

MASTERING YOUR BEST

SUSTAINED ENERGY

Go F.A.R.™



Grit is courage and resolve; the strength of character. It can also mean an irrepressible spirit that doesn't back down in the face of failure or obstacles. We all want gritty teams that can power through the tough stuff and pull together to get to the finish line. Discover simple yet effective strategies and techniques to build a growth mindset, quiet the critic and build perseverance.

We often take our attention for granted, and we explore 'focus' through a new lens – drawing on the powerful combination of emotional, social and attentional intelligence. Gaining perspective can provide a whole new lens. This one is a gem when tricky attitudes are in the mix.

● HALF DAY
● LEADERS AND TEAMS
● MENTAL AGILITY THROUGH CHANGE OVERCOME FEAR,
● BUILD ATTITUDE, RESILIENCE



I learnt that life's problems are only temporary, **take control and you will find a way.**

DEPT PREMIER AND CABINET

Inspirational - fantastic energy and real relevant learning. Feeling ready for anything.

LINCOLN : BOC CONFERENCE MELBOURNE

Motivating. Inspirational.

UNIVERSITY OF SA WORK SMART

WELLBEING

HIGH IMPACT WORKSHOP

Growing Grit™



Grit is courage and resolve; strength of character.

It can also mean an irrepressible spirit that doesn't back down in the face of failure or obstacles. We all want a bit of grit to get through the tough stuff that life throws at us

Discover simple yet effective strategies and techniques to build a growth mindset, quiet the critic and build perseverance. It can be difficult to keep up the hard work when we want quick rewards. Long term goals require time, patience, sacrifice, effort and endurance to stay on path.

● 60-90 MIN VIRTUAL 3HRS INPERSON
● LEADERS AND TEAMS, CONFERENCE
● EVIDENCE-BASED ACTIVITIES CAN INCORPORATE GOAL SETTING OR SALES FOCUS



Really valuable session. Everyone left on a real high which was excellent to see.

KAT : PEOPLES CHOICE CREDIT UNION

Great feedback from the team and will definitely book again!

BERNICE | HENRY SCHEIN ONE

COMMUNICATION

HIGH PERFORMING TEAMS

Crucial Communication™



This workshop will be of value to anyone who wishes to lift professional communication skills across their team and build team dynamics at the same time. Discover the art of building high-quality interpersonal connections, and how positively influencing others requires self-awareness of both our own and

others preferred communication style. It is important for all team members to develop a skill set that cultivates a sense of belonging in the team and creates an environment where people have an opportunity to express what they think and how they feel.

● HALF DAY
● TEAMS AND CONFERENCE
● INCLUDES STLYE PROFILE



10/10 Fantastic. **Worthwhile for all leaders.** Delivered in an exciting way.

SANDY : UNI SA STUDENT LEADER

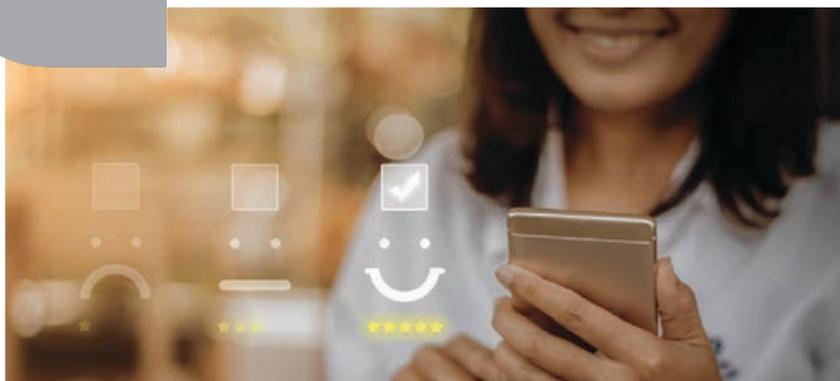
Enjoyed everything but in particular communication styles. **The facilitators were highly engaging.**

DEPT EDUCATION

STRATEGIC TEAM BUILDING

FIVE STAR THINKING

World Class Service™



High achievement always takes place within the framework of high expectations.

To be world-class is as much about attitude as it is about ability. Let your team decide what those important little extras are in an education environment and empower them to take their service to a new level

World-class service is a commonsense approach to delivering genuine and authentic service at a professional level It's the difference between 4- star and 5- star service and creating an understanding that great customer service comes down to the small differences.

● HALF DAY
● LEADERS, TEAMS, CONFERENCE
● THE DIFFERENCE BETWEEN ORDINARY & EXTRAORDINARY IS THAT LITTLE EXTRA.
● WORLD-CLASS THINKING.



Enjoyed looking at human needs in understanding our clients. **The enthusiasm was infectious.**

JAN - ENHANCE TRAVEL

Helpful and insightful.
JEANETTE - RIVERGUM HOMES

Excellent - enjoyed content on what customers really want.
BURNSIDE VILLAGE

TOWARDS
2030

GLOBAL GOALS: SUSTAINABLE DEVELOPMENT GOALS

Be the Change



In this purpose-driven workshop, we will review current best practice in Australia for approach to the Sustainable Development Goals, future trends and opportunities. Australia currently ranks 26th globally in terms of its performance and progress. We rank high on clean water, health and education, yet our commitment to climate action, ocean

health and forming partnerships falls short. Participants identify what your organisation is already doing. Then using a mix of Appreciative Inquiry and the six hats thinking framework, participants discuss and decide on a goal and actions aligned to a SDG area. They also leave with a personal action plan shared with and an accountability partner.

● HALF DAY / FULL DAY
● LEADERS, TEAMS, CONFERENCE
● TEAM BUILDING WITH PURPOSE AND IMPACT



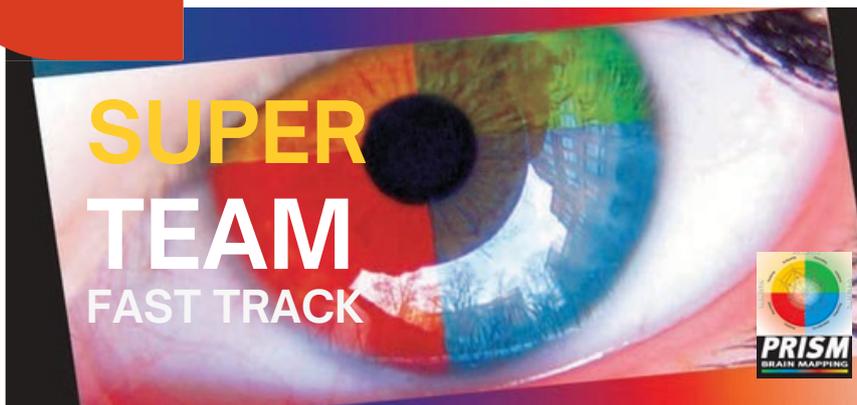
You're a star. So grateful to have you on stage and your insights and energy were awesome.
MICKHASE EVENT FOUNDER SEVENTEEN SDG X

I really enjoyed your Seventeen X's. You spoke with such passion! I was **really inspired by your fire and enthusiasm!**
KIRA ATTENDEE SEVENTEEN SDG X



NEUROSCIENCE AND TEAM BUILDING

PRISM Brain Fast Track™



● FULL DAY
● LEADERS, TEAM CONFERENCE
● PROFILE NEUROSCIENCE
● PROFILE ASSESSMENT

PRISM Brain Mapping is an inspirational tool that takes advantage of some of the most up-to-date neuroscience discoveries to provide users with a series of 'maps' representing how their brain prefers to work. It is a unique way of identifying people's behaviour preferences based on brain activity.

In this supercharge day - we unpack your PRISM Brain Map collectively - use peer to peer coaching to review untapped potential. Then comes job crafting, and a 90 day project of choice. Sound interesting. Come prepared to think fresh!



Neuroscience is by far the most exciting branch of science because the brain is the most fascinating object in the universe.

STRATEGIC TEAM BUILDING

BUILD EQ

Emotional + Social Intelligence™



Emotional + Social Intelligence = communicate effectively, build team performance and control impulses.

Emotional Intelligence is a common catalyst among all of the research-based peak performance drivers in today's professional development space.

Combine it with social intelligence and you have a new level of performance.

This workshop covers the development and use of emotional intelligence to increase self-awareness, self-management, social awareness and relationship management in the context of the workplace.

● HALF DAY
● LEADERS TEAMS, CONFERENCE
● TEAM BUILDING WITH PURPOSE AND IMPACT



Made me think more about how to turn a negative into a positive. **Amazing workshop! Loved it!**

WOMEN IN STEM : UNIVERSITY OF SOUTH AUSTRALIA

Positive and thought-provoking, engaging presenter and enjoyed the focus on strengths and stepping a bit out of our comfort zone - it was good to do that for a change.

KYLIE : UNITING CARE WESLEY - TAILORED TEAM BUILDING

STRATEGIC TEAM BUILDING

BUILDING GREAT TEAMS

Building Great Teams™



We are award-winning in 'Team Building and Culture Change Specialists.

We have worked with 1000's of teams across a huge diversity of industries. In fact building, high performing teams is our genius zone. We happily tailor build to ensure we meet needs.

We work with teams across Australia and at all stages in their journey. Pick any three programs the more insight you provide the more targeted we make the event.

Not sure what you need...after a quick call we will know just what you need. **Book with confidence.**

● FULL DAY PACKAGES
● EXEC, LEADERS, TEAMS, CONFERENCE
● ONE DAY TAILORED FROM 3 PROGRAMS OF CHOICES
● PICK3 PICK5 WORKSHOPS PACKAGE DISCOUNT



The team were **super engaged**. You are an awesome facilitator.

NATHAN : MICROSOFTCONFERENCE

Very well delivered and **customised to meet needs**.

PAUL : NEC DARWIN

ENGAGE
INTERACT
EMPOWER

Keynote Speaker



If you are looking for an engaging speaker, for a positive impact and a fresh mindset - Jane will deliver.

Jane has delivered at 1000's of conferences, to over 60,000 participants. She is one of today's influential voices, who brings contemporary topics to life with an infectious positive energy, engaging and insightful.

Highlights include:

Listed in the "Top 3 most popular speakers" Entertainment Oz speakers' site for 3 consecutive years.

"Outstanding Motivational Speaker" - AI Excellence Awards 5th Australia

Mind Body Positive Psychology Conference. She was invited to deliver an encore due to popular demand.

- 45 MIN - 60 MIN - 90 MIN
- KEYNOTE, CONFERENCE
- TAILORED +VIRTUAL OPTION -



“

Excellent in everyway.

FAAA CONGRESS 2023
THE SCIENCE OF INFLUENCE & CONNECTION

We wanted to start with a speaker that would set the tone. Jane delivered this in spades ... **no one was checking their phones!**

BRIDGET BRILL GENERAL MANAGER
AUST GOV | EXEC CONFERENCE

You were awesome!

MANAGING DIRECTOR MODERE
LIVE LIFE FORWARD

LEADERS AND TEAM INTERACTIVE WORKSHOPS

TAILORED

Conference Workshops



Tailored highly engaging and interactive conference workshops.

Jane is a rare breed. One of the few speakers/ trainers with the skillset, zest, repertoire of programs, experience and infectious enthusiasm to deliver to super large groups for longer deliveries. + Tailored to conference .

We have all attended a conference passively watching speaker after speaker.

Jane structures the delivery for engagement elevates connection and enables a deeper dive into a contemporary topic. A memorable shared experience. **BOOK with Confidence.**

- 90M |2HRS /HALF & FULLDAY
- OPTIONAL TOPICS FROM OUR . RANGE OF PROGRAMS
- ENGAGING, POSITIVE, FUN. ACTIVITIES TO CONNECT

“

Thank you for your excellent training. **Amazing.**

250 NETWORK MARKETERS

You have that rare ability to lift the energy in a room.

NATHAN: MICROSOFT SALES CONFERENCE

...a high energy session and the interactive nature made it **one of the most talked- about parts of our conference.**

ANDY : DORMAKABA SENIOR VICE PRESIDENT



www.wundertraining.com.au