

**Leadership
Essential**

LEADERSHIP ESSENTIALS



**AUTHENTIC
LEADERSHIP**

wunder
training

**PRESENTED BY
JANE WUNDERSITZ**

GOALS AND

OBJECTIVES



'Do not follow where the path may lead; go instead where there is no path and leave a trail.'

Contemporary leadership foundations workshop. Perfect for those new to leadership or seasoned leaders looking for contemporary leadership skills update.

This empowering and insightful workshop covers the foundation of contemporary leadership skills and provides an opportunity for participants to appreciate their authentic style and recognise personal leadership strengths. The foundation content is research-based and incorporates the latest from Positive Psychology.

Participants discover the stages of team development and how to support their team to be both engaged and to reach high performance. Developing communication skills is essential for all leaders - the art of delegating, appreciation, and the foundations of giving and receiving feedback are crucial for today's leaders. This workshop is perfect for those new to leadership and those wanting to consolidate their existing skills or grasp contemporary leadership better. An activity-based workshop filled with practical skills and strategies that you can implement straight away!

In this workshop, participants will be better able to:

- Enhance their leadership presence and authenticity by discovering their strengths.
- Discover research-based strategies to grow their emotional intelligence. 94% of top performers are high in emotional intelligence.
- Identify their hot buttons and the shadow side of their strengths.
- Lift the performance of teams by creating a positive environment.
- Understanding team member engagement and team dynamics in their current and future team.
- Delegate and inspire accountability.
- Give positive and constructive feedback with clarity of positive intent.
- Understand the benefits of a coach vs critic mindset.
- Develop a clearer leadership vision.

“

You were Awesome -
the training was excellent.
- Andy Kirss | Managing Director
250 leaders| 26 tables 5 hrs
Modere Disrupt Conference





Do not follow where
the path may lead

Go instead where
there is no path
and leave a trail

Jane Wundersitz

2024 Leadership & Team Building Aust. | Education & Training Awards
2021 Top 50 Australian Small Business Leader
2021 Influential Business Woman Culture and Team Specialist

● CREATIVE ● HIGH ENERGY ● INTERACTIVE

Award-winning Speaker, VIA Strengths Australian Master Trainer, Positive Psychology and Neuroscience of leadership practitioner, Accredited Mental Toughness and PRISM Brain mapping profiler, Positive Change Activist and Resilience Coach.

Jane Wundersitz has delivered to over 50,000 participants. She is one of today's influential voices bringing robust research into strategically building a positive performance culture with a mix of evidence-based principles and tried and tested frameworks. She is knowledgeable and practical and is known for her infectious energy.

She has 25 years of experience in People and Culture Development and has worked in International, State and Regional Senior Leadership roles in Australia and the UK. She supports clients across Australia and internationally. Her positive approach complements the active learning environment. Participants stay involved throughout the session, and self-reflection, interaction, and personal application is high. She loves diving into the latest research and creatively crafting and tailoring workshops and presentations to fuel a safe and inclusive learning environment, building opportunities to connect, reflect and share opinions.

Every presentation's objective is positive strategic team development, irrespective of the topic delivered. She has developed 40+ workshops and works with clients in nearly every industry.



We wanted to start our two-day leadership conference with a 'wow factor'- A speaker that would set the tone and mindset for the two days. Jane Wundersitz delivered this in spades!

Thriving through Change Executive and Leadership
Conference Department of Human Services



Dynamic, fun and honest. Enjoyed the variation in activities and the content on positive intent through conflict.

Jane Manwaring : Director of School Culture
Queensland Academies: Science Maths and
Technology



You're an awesome facilitator that can lift a room - not many people have that skill'

Nathan - Australia and New Zealand Leadership Conference Microsoft Australia