

WunderTraining

Strategic Team Building

www.wundertraining.com.au



“

Do not follow where the path may lead.
Go instead where there is no path
and leave a trail.

wunder
training

www.wundertraining.com.au



WunderTraining is a collective of **extraordinary and dynamic speakers, educators and facilitators** who bring the latest positive and insightful, research-based content to life with passion with the purpose to build human flourishing.

JANE WUNDERSITZ
FOUNDER AND MASTER TRAINER

Our Valued Partners:

BEYOND THE BOARDROOM
VIA INSTITUTE ON CHARACTER
ASA AUTHENTIC STRENGTHS
MENTAL TOUGHNESS PARTNERS

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INTRODUCTION

Strategic Team Building at WunderTraining



ENGAGE
Empower
Connect

Our Vision:

To creatively empower leaders, teams and individuals to be positively engaged at work, and in life. We challenge perceptions, inspire positivity and build resilience. We focus on personal and collective strength and inspire open communication and collaboration. People are the heart and soul of your business.

2021 AWARD

Influential Women in Business:
Team Building and Culture
Expert

Are you looking for a team building workshop that is positive, fun, builds connection and aligns with strategic objectives ?

We make learning addictive – and help the most ambitious leaders bring their people, team and culture to life.

We are award-winning in building strong teams and cultivating a positive , cohesive and performance culture.

One thing that we know is that ‘calling a team doesn’t make them one’ and ‘telling a team they need to collaborate’ doesn’t translate into collaboration - it is more complex than that.

Strategic team building in today’s world is not a’ nice to do’ – it is essential.

It is what takes a struggling team to the next level, a good team to being a great, and a great team to extraordinary.

We love supporting teams into a positive new chapter, and can share best practice from working with 1000's of teams, across industries.

Yet we also know the heart beat of your team is unique - no team is the same and often it starts with a better understanding of the people on your team- their strengths, threat zones, talents and aspirations. Enabling the team to decide the small things that are crucial individually and collectively for team success.

Sometimes its back to basics and ensuring strong foundation values and team agreements are in place. Our niche is understanding the complexities of teams.

Positive conflict and taking smart risks can elevate a teams performance - but without psychological safety and respect - the same team can be toxic and stressful. Every person plays a part in team culture.

We work with teams at every level from student leaders through to bluechip and government executive teams

Some teams are already high performing and making strides to elite level and others are in strife. They may be plagued with clashes, ego, negativity or divides. Acknowledging where they are at and why is an empowering place to start.

We believe all teams are capable of reaching high performance with support, guidance and a safe learning environment to grow.

We see the potential, in every team and in every person on the team. Let's discuss your teams path to positive performance.

BUILDING POSITIVE CULTURE AND PERFORMANCE

Current Relevant Learning

Adelaide
Melbourne
Sydney
Perth
Brisbane
Canberra
Hobart
Darwin
Alice Springs
Regional

Engage
Empower
Impact



We ensure workshops are fun to participate in, learning is active, and participants stay involved throughout the session. We have exceptional, strategically designed PowerPoints with highly visual content and activities to engage and encourage discussions.

Upfront Engagement, Better Outcomes

Our programs by design are experiential learning that is psychosocial in nature, aiming for changes in personal and organisational behaviour. We include stimulating activities that have a real-world basis. Our activities help participants connect what they are learning to prior knowledge and apply it to new situations or problems. This, we know, is brain-friendly learning. We know trust comes with connection, and we strategically craft opportunities to connect across the group.

OUR VALUES:

We are Passionate and Accountable
We are Creative, Curious and Agile
We Build High Trust Relationships
We are Accessible and Inclusive

Know You Are Making The Right Choice

We happily tailor, we offer flexibility in the topics delivered, the length of workshop and group size. You are actively involved in decision-making.

Alternatively, our 'hero' off the shelf workshops are tried and tested by thousands of participants, and you can book these with confidence.

If you want something we don't have - check in - if it's in need it's likely in the pipeline.

Our qualified facilitators are exceptional. They immerse themselves in their topics and are passionately interested in what they present. They have practical work and life experience and high impact stories to support why they are the subject matter expert.

Your Training Partner With A Difference

When you have a highly passionate founder and experienced caring people partnering with you to grow your people and business, you know you are getting an incredible service.

Our bonus is our insatiable thirst for building our own knowledge.

We love to study and synthesise our new knowledge into easy to understand and practical strategies, always thinking and connecting to the relevance to today's workplace.

Our research is sourced from leading universities from around the globe but the true depth comes from working with clients across every industry.

Authentic
Courageous
Accountable

BUILDING STRONG TEAMS AND POSITIVE CULTURE

This is Who We Are™



Vision is a mental picture of the future – an idea of what the future can hold but has not yet happened. As a team it guides us and brings a sense of purpose and a glimpse of what is possible. Whilst there has been immense uncertainty worldwide – having a solid vision of where your team is going, is vital to create a sense of stability.

This interactive workshop provides the opportunity to reset and polish your vision, clarify priorities in alignment with your principles and objectives and build a best practice agreement of how you wish to work, interact, collaborate and communicate to achieve the best outcomes for individual and collective success.

●	1 DAY / 2 DAY Tailored
●	LEADERS , TEAMS , CONFERENCE
●	ADAPTED TO CLIENT OBJECTIVES AND CULTURE

“

Very well delivered and **customized** to meet our needs
PAUL: NEC DARWIN

Meaningful activities, enjoyed opportunities to connect across the team- delivery was impactful.
VERNAE : SONDER

Builds morale and gets people connected.

CAROLYN : AREA MANAGER
HUMAN SERVICES

Master
the
Four Cs

MASTERING MINDSET

Mental Toughness



The 4Cs: Challenge, Confidence, Commitment and Control. Mental Toughness is a personality trait that determines your ability to perform consistently under pressure and stress. It is closely related to qualities such as character, resilience, grit and

perseverance. The mental toughness model comprises four pillar components, the 4Cs: Challenge, Confidence, Commitment and Control. Discover how to build your ability to stay confident and to prevail even when you are up against it.

●	2Hrs / HALF DAY
●	LEADERS, TEAMS AND INTERACTIVE CONFERENCE
●	PERFORMANCE UNDER PRESSURE
●	PERSONAL & TEAM INSIGHT
●	INCREASE CONFIDENCE
●	ACCREDITED MENTAL TOUGHNESS TRAINERS

“

Punchy, focused and interactive.

BRETT, NATIONAL TRAINING
MANAGER, DORMAKABA

No. 1
Positive
Team
Culture

POSITIVE CULTURE AND COLLABORATION

Building on our Strengths™



Under what conditions do teams flourish?

The field of applied positive psychology and wellbeing provides scientifically validated guidance to support teams to reach peak performance.

We unpack strengths individually and collectively and build on five key domains which underpin

a high performing team. (PERMA)
This is an opportunity to build a compelling and accessible vision of positive culture. Participants collectively build a team agreement with defined acceptable and unacceptable behaviours for collective and individual flourishing.

●	HALF DAY/ FULL DAY
●	LEADERS & TEAMS CONFERENCE
●	POSITIVE CULTURE, BUILD COLLABORATION AND TRUST

“

It tapped into personal motivators.

LUKE, RIO TINTO, PERTH

Such an engaging day. I am still seeing the buzz in the team.

SHANE BACA : HR AUSTRALIA POST

You get a lot more out of it than you think you will.

JOEL : SIEMENS RENEWABLE ENERGY

VIA
Premier
Program

POSITIVE CULTURE AND COLLABORATION

Your Strengths at Work©



This ground-breaking training is transformational, highly engaging and designed to empower people and organisations in every aspect of their performance.

Participants learn how to apply a strengths-based report (The VIA Pro) in a work setting, including

the rationale for a strengths-based perspective. Highly valuable at a personal and team level and enables participants to re-frame workplace problems and solutions from a strength-based perspective. A refreshing, empowering and high impact positive culture boost.

●	FULL DAY
●	PARTNER PROGRAMS: VIA INSTITUTE ON CHARACTER
●	TRAIN THE TRAINER OPTION

“

...an incredibly empowering course. The presenter brings out the best in every individual.

BELINDA, DEPARTMENT OF EDUCATION

Clear in its message... well-planned.

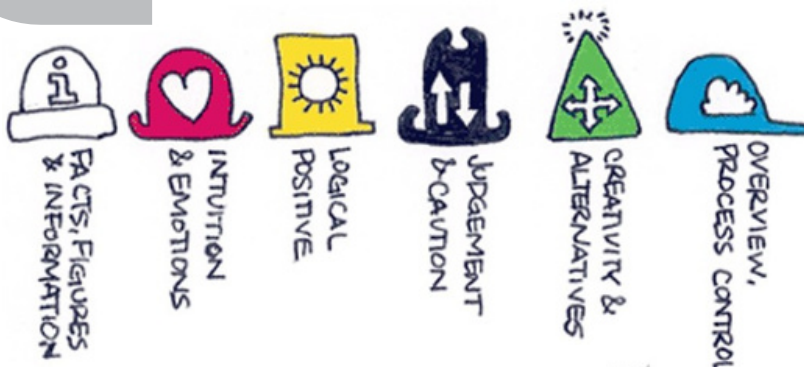
JOY, PEMBROKE SCHOOL

VIA Professional

Decision Making Techniques

SIX THINKING HATS AND PROBLEM-SOLVING

Six Hats : Think BIG



The best breakthrough initiatives do not have the goal of being innovative; they set out with the goal of solving problems.

This interactive workshop teaches the power of parallel thinking in a highly interactive and fun learning setting. Decision making and problem solving are crucial skills.

Participants discover and practice using The Six Hats and build a well thought out innovation through applying various perspectives. This leads to a more collaborative, effective and productive process that always has brilliant outcomes. We bring the hats!

●	2 HR /HALF / FULLDAY TAILORED OPTIONS
●	LEADERS, TEAMS, CONFERENCE
●	DISCOVER YOUR MOST EFFECTIVE THINKING STYLE
●	CONCEPT BY CREATIVE THOUGHT LEADER EDWARD DE BONO

“

Most definitely exceeded our expectations and has **added value to our team environment already.**

NATIONAL RAIL SAFETY REGULATION

Very engaging, great atmosphere, **definitely worth doing.**

MARIA - FERGUSON PLARRE

Team + Leadership Skills

POSITIVE CHANGE AND AGILE TEAM CULTURE

Thriving Through Change



Change is here to stay - even before covid the average organisation had undergone five enterprise-wide changes in three years. And change twill continue to accelerate.

In this energising and all-in event, we bring a new mindset and attitude to change and systems to optimise the transition phase.

New systems, technology, team and organisational change add uncertainty and draw on past success and work through a current change. Appreciative inquiry (AI) is a model that seeks to engage stakeholders in the change process. We also draw on applied neuroscience to support mental agility and to strengthen the team for a positive next chapter.

●	90 MINS / HALF DAY / FULL DAY/ CONFERENCE
●	LEADERS AND TEAMS
●	CHANGE FOR TEAMS, AGILE TEAM DEVELOPMENT
●	GROW CONNECTION AND SKILLS DEVELOPMENT

“

The team **are already using the positive leadership and 'Appreciative Inquiry' concepts** and enjoyed the training very much.

NICK HB FULLER
DIRECTOR ASIA PACIFIC

We all very much enjoyed it- what a great kick start to the year.

CARLY : SWISS RE

Reach
Your
Goals

APPLIED NEUROSCIENCE- CONNECTION - STRATEGY

Reflect- Reset - Refocus



- 90 MIN VIRTUAL | Half Day F2F
- EXECUTIVE, LEADERS, TEAMS AND CONFERENCE
- POSITIVE REFLECTION - REALIGNMENT - FOCUS

“

Very valuable, thought provoking and practical. I am sure that it will continue to spark thoughts and conversations amongst the team.

MARGOT : IVECO

Feeling pumped ready for the year ahead.

OFFICE OF THE COMMISSIONER
PUBLIC SECTOR

This Covid-19 pandemic has rapidly unleashed a tsunami of complexity and uncertainty into our work and life.

A high energy and insight bursting workshop, with an opportunity to positively connect, reflect, reset and refocus on what matters most. These extraordinary times have put leaders under intense pressure, and teams have never needed stable and focussed leadership more.

Discover a powerful suite of tools for today's world from the research-backed fields of applied positive psychology and neuroscience at work.

We often take our attention for granted, and we explore 'focus' through a new lens – drawing on the linked powerful combination of emotional, social and attentional intelligence.

Reward
for Your
Efforts

GOAL SETTING AND PRODUCTIVITY

Productivity with PUNCH



- 2 HRS / HALF DAY
- LEADERS, TEAMS, CONFERENCE
- PERSONAL PRODUCTIVITY AND TIME MANAGEMENT

“

Everything a training session should be: educational, plenty of golden nuggets, fun and engaged a room full of millennials.

JUSTIN - INDEED

Excellent. What a great way to tackle work.

SAFEWORK PARTICIPANT

Everyone thoroughly enjoyed the day.

CAITLIN : CASE WESTERN UNIVERSITY

A productive mindset is one that makes the best use of your resources, your time, your energy and your effort.

Many people spend their days in a frenzy of activity but achieve very little, because they're not concentrating their effort on the things that matter

the most. Sound familiar? This punchy productivity workshop will teach both new and tried and tested ways to organise your time for a more productive life.

Bust procrastination, build focus, define urgent and important tasks in your role, appreciate varied operational styles in your team.

Sustained
Energy

MASTERING YOUR BEST

Go F.A.R : TM



Grit is courage and resolve; the strength of character. It can also mean an irrepressible spirit that doesn't back down in the face of failure or obstacles. We all want a bit of grit to get through the tough stuff that life throws at us. Discover simple yet effective strategies and techniques to build a growth mindset, quiet the critic and build perseverance.

Discover a powerful suite of tools for today's world from the research-backed fields of applied positive psychology and neuroscience at work. We often take our attention for granted, and we explore 'focus' through a new lens – drawing on the linked powerful combination of emotional, social and attentional intelligence.

● HALF DAY

● LEADERS AND TEAMS

● MENTAL AGILITY

● OVERCOME FEAR , BUILD ATTITUDE, RESILIENCE

“

Inspirational - fantastic energy and real relevant learning.

Feeling ready for anything.

LINCOLN : BOC CONFERENCE MELBOURNE

I learnt that life's problems are only temporary, take control and you will find a way.

DEPT PREMIER AND CABINET

Motivating. Inspirational.

UNIVERSITY OF SA WORK SMART

High
Impact
Workshop

MASTERING MINDSET

Growing Grit TM



Grit is courage and resolve; strength of character.

It can also mean an irrepressible spirit that doesn't back down in the face of failure or obstacles. We all want a bit of grit to get through the tough stuff that life throws at us

Discover simple yet effective strategies and techniques to build a growth mindset, quiet the critic and build perseverance. It can be difficult to keep up the hard work when we want quick rewards. Long term goals require time, patience, sacrifice, effort and endurance to stay on path.

● 90 MIN VIRTUAL / 3 HOUR FTF

● LEADERS AND TEAMS, CONFERENCE

● BUILDING PERSEVERANCE AND SELF-EFFICACY, EVIDENCE-BASED ACTIVITIES

“

Really valuable session and they all left on a real high which was excellent to see.

KAT : PEOPLES CHOICE CREDIT UNION

Thank you for a wonderful session – **It was great.**

SHARON IAG INSURANCE CHAMPIONS CONFERENCE

Open
Honest
Clear

POSITIVE INFLUENCE AND COMMUNICATION

Communication MasterClass



Powerful Communication will build your ability to listen and speak effectively when it matters most and be clear on your intentions.

Open, honest and clear communication, is essential in building relationships, and this essential skill can be developed

This workshop includes identifying one's own communication style and developing key skills for building rapport, delivering feedback, developing respect through focused awareness and building receptivity techniques to reduce misunderstandings. Includes communication qualities of expressing empathy and gratitude.

●	90 MIN / HALF DAY
●	LEADERS AND TEAMS
●	INCLUDES COMMUNICATION PROFILING

“

10/10 Fantastic. **Worthwhile for all leaders.** Delivered in an exciting way.

SANDY : UNI SA STUDENT LEADER

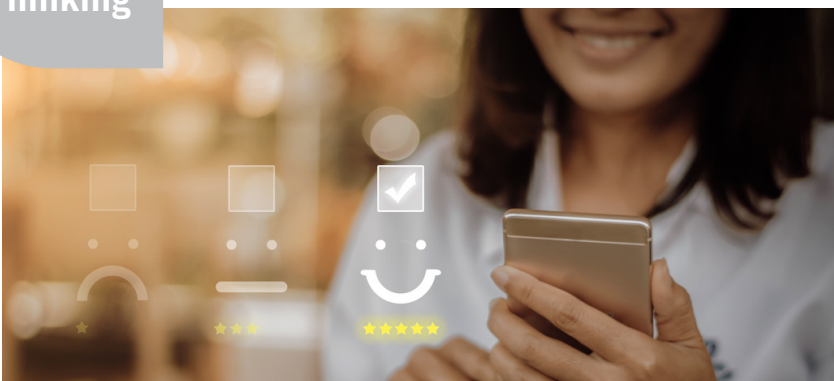
Enjoyed everything but in particular communication styles. **The facilitators were highly engaging.**

DEPT EDUCATION

Five
Star
Thinking

POSITIVE INFLUENCE AND SERVICE

World Class Service



High achievement always takes place within the framework of high expectations.

To be world-class is as much about attitude as it is about ability.

Let your team decide what those important little extras are in an education environment and empower them to take their service to a new level

World-class service is a *commonsense* approach to delivering genuine and authentic service at a professional level. It's the difference between 4-star and 5-star service and creating an understanding that great customer service comes down to the small differences.

●	3 HOURS / HALF DAY
●	LEADERS, TEAMS, CONFERENCE
●	THE DIFFERENCE BETWEEN ORDINARY AND EXTRAORDINARY IS THAT LITTLE <i>EXTRA</i> .
●	WORLD-CLASS THINKING.

“

Enjoyed looking at human needs in understanding our clients. **The enthusiasm was infectious.**

JAN ENHANCE TRAVEL

Helpful and insightful.

JEANETTE - RIVERGUM HOMES

Excellent - enjoyed content on what customers really want.

BURNSIDE VILLAGE

TOWARDS
2030

GLOBAL GOALS: SUSTAINABLE DEVELOPMENT GOALS

Be the Change



In this purpose-driven workshop, we will review current best practice in Australia for approach to the Sustainable Development Goals, future trends and opportunities.

Australia currently ranks 26th globally in terms of its performance and progress. We rank high on clean water, health and education, yet our commitment to climate action, ocean health and forming

partnerships falls short. Participants identify what your organisation is already doing. Then using a mix of Appreciative Inquiry and the six hats thinking framework, participants discuss and decide on a goal and actions aligned to a SDG area. They also leave with a personal action plan shared with and an accountability partner.

●	HALF DAY / FULL DAY
●	LEADERS, TEAMS, CONFERENCE
●	TEAM BUILDING WITH PURPOSE AND IMPACT

“

You're a star. So grateful to have you on stage and your insights and energy were awesome.

MICK HASE EVENT FOUNDER
SEVENTEEN SDG X

I really enjoyed your Seventeen X's. You spoke with such passion! I was **really inspired by your fire** and enthusiasm!

KIRA ATTENDEE SEVENTEEN SDG X

Neuroscience

CORPORATE SOCIAL RESPONSIBILITY

PRISM Brain Fast Track



PRISM Brain Mapping is an inspirational tool that takes advantage of some of the most up-to-date neuroscience discoveries to provide users with a series of 'maps' representing how their brain prefers to work. It is a unique way of identifying people's behaviour preferences based on brain activity. Unlike traditional psychometric instruments,

PRISM approaches human behaviour from the perspective of neuroscience rather than psychological theory. The report also indicates where individuals may be overdoing or not making full use of their preferences.

●	FULL DAY
●	LEADERS, TEAM CONFERENCE
●	PROFILE
●	NEUROSCIENCE ASSESSMENT

“

Neuroscience is by far the most exciting branch of science because the brain is the most fascinating object in the universe.

TOWARDS
2030

PROFESSIONAL DEVELOPMENT

Emotional Intelligence



Emotional + Social Intelligence = communicate effectively, build team performance and control impulses.

Emotional Intelligence is a common catalyst among all of the research-based peak performance drivers in today's professional development space. Combine it with social intelligence and you have a new level of performance.

This workshop covers the development and use of emotional intelligence to increase self-awareness, self-management, social awareness and relationship management in the context of the workplace.

●	HALF DAY / FULL DAY
●	LEADERS, TEAMS, CONFERENCE
●	TEAM BUILDING WITH PURPOSE AND IMPACT

“

Made me think more about how to turn a negative into a positive. **Amazing workshop! Loved it!**

WOMEN IN STEM : UNIVERSITY OF SOUTH AUSTRALIA

Positive and thought-provoking, engaging presenter and enjoyed the focus on strengths and stepping a bit out of our comfort zone - it was good to do that for a change.

KYLIE : UNITING CARE WESLEY - TAILORED TEAM BUILDING

Building
Great
Teams

POWER PACKAGES

Building Great Teams



We are award-winning in 'Team Building and Culture Change Specialists.

We have worked with 1000's of teams across a huge diversity of industries. In fact building, high performing teams is our genius zone. We happily tailor build to ensure we meet needs.

We work with teams across Australia and at all stages in their journey. Pick any three programs the more insight you provide the more targeted we make the event. Not sure what you need...after a quick call we will know just what you need. Book with confidence

●	3 HALF DAY / FULL DAY
●	EXEC, LEADERS, TEAMS, CONF.
●	TAILORED FROM THREE PROGRAMS OF CHOICES
●	POSITIVE + POWERFUL

“

The team were **super engaged**. You are an awesome facilitator.

NATHAN : MICROSOFT CONFERENCE

Very well delivered and customized to meet needs.

PAUL : NEC DARWIN

Very positive, focused, well presented and fun.

BRODI : SIEMENS GAMESA

Engage
Interact
Empower

POSITIVE CULTURE CATALYST: FLOURISHING AT WORK

Keynote Speaker



If you are looking for an engaging speaker, for a positive impact and a fresh mindset - Jane will deliver.

Jane has delivered 1000's of Keynote and Speaking engagements at conferences nationally

—A regular to Adelaide, Perth, Melbourne, Sydney, Brisbane, Canberra, Cairns, Gold Coast and Alice Springs.

Highlights include:

Listed in the 'Top 3 most popular speakers' Entertainment Oz speakers site in 2015, 2016, 2017

'Outstanding Motivational Speaker' AI Excellence Awards
5th Australia Positive Psychology Conference was invited to deliver an encore of her strengths presentation due to popular demand.

25 MIN -45 MIN- 60 MIN -90 MIN

KEYNOTE, CONFERENCE

TAILORED TO AUDIENCE

“

Thank you for your excellent presentation and training.

You were awesome!

MANAGING DIRECTOR MODERE
LIVE LIFE FORWARD

We wanted to start with a speaker that would set the tone. Jane delivered this in spades ... **no one was checking their phones.'**

BRIDGET BRILL GENERAL MANAGER
HUMAN SERVICES EXEC CONFERENCE

Book
Early

LEADERS AND TEAM INTERACTIVE WORKSHOPS

Conference Workshops



Our fastest-growing specialty area is highly engaging and interactive conference workshops.

Jane is a rare breed. One of the few speakers/ trainers with the skillset, zest, repertoire of programs, experience and infectious enthusiasm to deliver to super large

groups for a half/ whole day and get rave reviews. We have all attended a conference passively watching speaker after speaker. Jane structures for engagement elevates connection, and successfully brings a topic or conference theme to life.

2 HRS/ HALF DAY/ FULL DAY

OPTIONAL TOPICS FROM OUR RANGE OF PROGRAMS

ENGAGING, POSITIVE, FUN ACTIVITIES TO CONNECT

“

...a high energy session and the interactive nature made it **one of the most talked- about parts of our conference.**

ANDY JONES: DORMAKABA
MANAGING DIRECTOR SENIOR VICE
PRESIDENT PACIFIC APAC



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